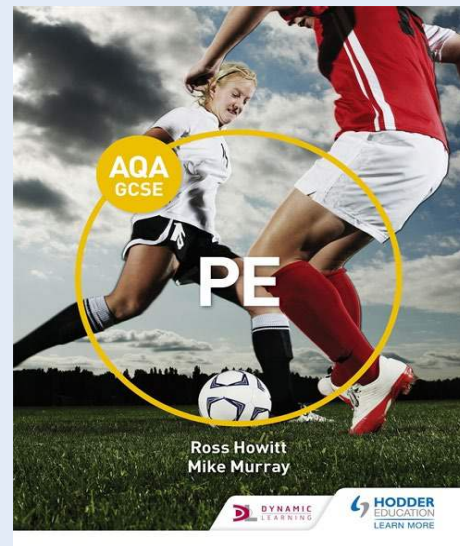


AQA GCSE PHYSICAL EDUCATION



SALE HIGH SCHOOL



Popular misconceptions



**It's
easy!**

**Every
lesson is
practical**

**No
Science
and
Maths
involved**

**Play
football
for two
years!**

**Few career
Opportunities**

**No
exams!**

**No
homework**

Who?



- ❖ If you have an interest and passion in playing regular and competitive sport.
- ❖ If you enjoying watching/analysing different sports.
- ❖ If you have a genuine interest in learning how the body and brain function to help you exercise and play sport.
- ❖ If you are interested in contemporary issues such as the media, the commercialisation and drugs in sport.
- ❖ If you think you would like to study PE or Sport in higher education - e.g A Level PE and at University.
- ❖ If you are interested in a career in PE/Sport- PE teaching, sports coaching, sports lecturing, sports management, physiotherapy, sports nutrition & personal training.

Communications skills

Many aspects of PE involves working in teams towards a common goal. Through playing team sports and problem solving with others, you'll develop clear communication skills that will help you in the workplace. Every employer looks for candidates who are able to communicate well verbally and in writing.

 School boys running

Physical education is a great way to build your social skills

Social skills

Physical education is a very social subject and can involve a lot of group work. You'll learn how communicate and socialise with people in an effective way. When you start working, you'll encounter people from a range of different backgrounds, each with different personalities. Studying PE will help you learn how to best communicate with people in a team in order to produce the best results.

Analysis and evaluation

At GCSE and A-Level, PE involves analysing your own and others' performance while looking for ways it could be improved. This is a particularly useful skill to have in your career as you'll often have to critique your own work and identify areas for improvement. If you work in management, you'll also benefit from the soft skills that PE teaches and will learn how to deliver messages clearly and effectively.



Requirements



You must
currently be
taking part
in PE
lessons
consistently

You must be
playing a
sport
outside of
school at
club level

What does the course involve?



THEORY:

Two

1hr.15mins

EXAM

PAPER IN

YEAR 11

60%

FINAL MARK

Paper 1:

- Applied anatomy and physiology
- Function of the cardio-respiratory system
- Anaerobic and aerobic exercise
- Movement analysis
- Physical training

Paper 2:

- Sport psychology
 - Socio-cultural influences
- Health, fitness and well-being
 - Use of data

Practical element



**WRITTEN
COURSEWORK:
ANALYSIS
and
EVALUATION
10%
FINAL MARK**

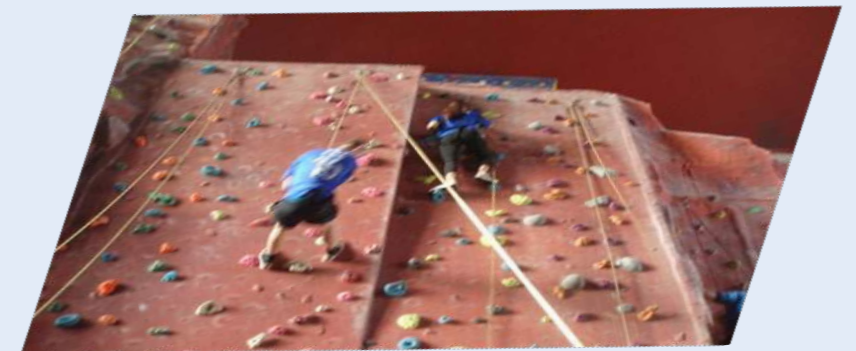
PRACTICAL: 30%

**1 X INDIVIDUAL 2 X TEAM SPORT
or
2 X TEAM 1 X INDIVIDUAL SPORT**



What sports can I choose: Individual?

- Boxing
- Athletics
- Badminton
- Cycling (track/road/BMX)
- Dance
- Golf
- Gymnastics
- Equestrian
- Rock climbing (school during Y11)
- Squash/tennis/ table tennis/badminton (singles)
- Skiing / snowboarding
- Swimming
- Tennis
- Trampolining



What sports can I choose: Team



- Acrobatic gymnastics
- Association football
- Badminton
- Basketball
- Cricket
- Dance
- Figure skating
- Futsal
- Handball
- Hockey
- Lacrosse
- Netball
- Rowing
- Rugby (League or Union)



Moderation



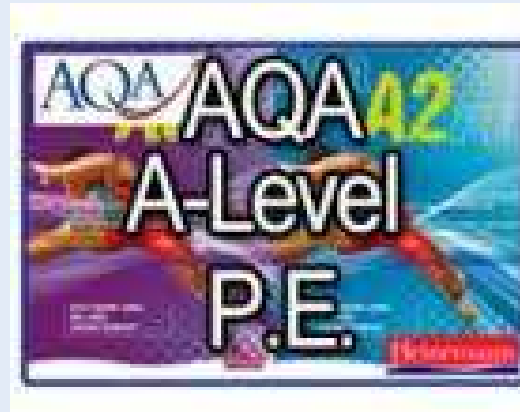
Rock climbing



What pathways does this open up?

APPRENTICESHIPS LINKED TO PHYSICAL EDUCATION

- COMMUNITY ACTIVATOR COACH
- COMMUNITY SPORT & HEALTH OFFICER
- GOLF GREENKEEPER
- LEISURE TEAM MEMBER
- OUTDOOR LEARNING SPECIALIST
- PERSONAL TRAINER
- SPORTS COACH
- SPORTS TURF OPERATIVE
- TEACHER
- YOUTH WORKER
- AND MANY MORE!



**BTEC SPORT
LEVEL 3**





Sports Coach



Sports
Physiotherapist

Careers in Sport

- Sports Therapist
- Physiotherapist
- Strength & Conditioning Coach
- Sports Scientist
- Nutritionist
- PE Teacher
- Sports Coach



Sports Scientist



Leisure Centre
Manager

Cultural capital



Awesome Walls



Cultural capital



Manchester Institute of Performanc e and Health



Cultural capital



UA 92



UNIVERSITY ACADEMY 92

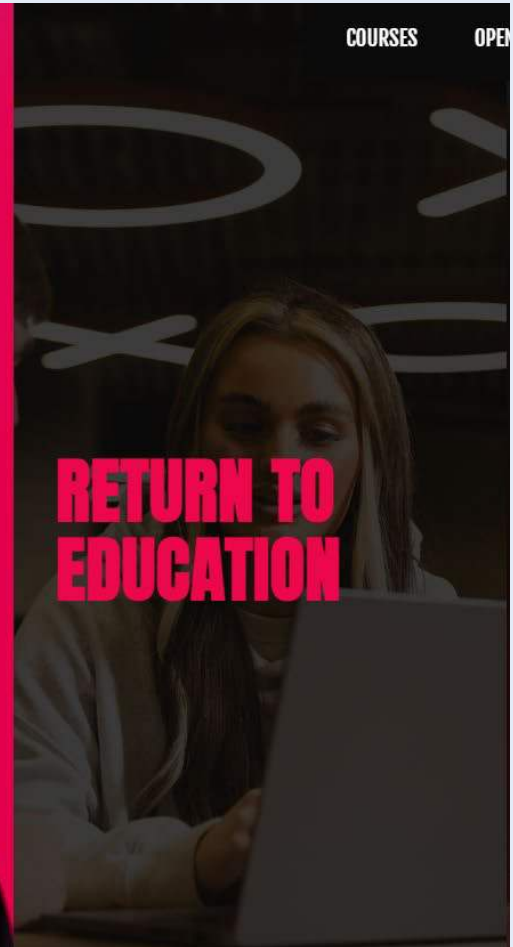
UA
92

MANCHESTER

BRING IT

BRING YOUR AMBITION,
CURIOSITY AND POSITIVITY.
UNLOCK YOUR GREATNESS
AT UA92.

STUDY AT
UA92



COURSES OPEN

RETURN TO
EDUCATION

How do I find out more about the course?



**PLEASE SPEAK TO
ANY OF THE PE
STAFF
BEFORE YOU MAKE
YOUR
DECISION**