



Food@Sale High School



Breakfast and Morning Break

Bacon Bap	£1.32	Pain au choc	£1.27
Sausage Bap	£1.26	Pizza bagel	£0.98
Cereal	£0.69	Cheesy beans on Toast	£0.75
Bagel	£0.92	Hot drinks	£0.98
Waffle	£1.32	Fresh Fruit Juice	£1.04
Fresh Fruit	£0.58	Water	£0.58
Yoghurt	£0.80		



Sandwiches	£2.20
Wraps	£2.20
Cold Pasta Pot	£1.50
Fresh Fruit	£0.58
Cold Drinks	from £0.58



Pasta King	£2.13
Hot Wraps	£2.24
Salads to go	£1.50
Love joe's	£2.24
Panini's	£2.13
Pizza	£1.38
Jacket potato - various fillings	£1.66



Hot and Cold Main Meals

Monday	Tuesday	Wednesday	Thursday	Friday
Roast turkey dinner	Chicken/vegetable curry and rice	Lamb/Quorn hotpot with red cabbage	Beef or Quorn spaghetti bolognese with garlic Bread	Spicy chicken goujons
Cheese and ham/pepperoni /mushroom Pizza	Fishfinger barm	Chicken burger Halloumi burger	Chicken skewers on a flatbread with mixed salad	Vegetable omelette
Meal Deal £2.85				



Flap jack	£0.68
Shortbread	£0.68
Brownie	£0.81
Crispy cake	£0.68
Cookie	£0.63
Fruit Pot	£0.98
Sponge and custard	£0.81
Fresh Fruit	£0.58



Water	£0.58
Milkshake	£1.04
Radnor splash	£1.04
Small Radnor	£0.58
Fresh Fruit Juice	£0.58
Large Capri Sun	£1.38
Hot Drinks	£0.98

