# Sale High School Year 7 Residential O PettyPool



Sale High School

## 1<sup>st</sup> to 9<sup>th</sup> November 2021

- Students will be in groups of 30-33
- 3 members of staff (plus centre staff during activities)
- 2 days of activities
- 1 overnight stay











Sale High School

## Sample timetable and activities

Day 1	GROUP				
ARRIVAL 11am	1	2	3	4	
11-11.30	Briefings, move	Briefings, move	Briefings, move	Briefings, move	
	in, checking of	in, checking of	in, checking of	in, checking of	
	forms	forms	forms	forms	
11.30 - 12.30	Problem	Problem	Problem	Problem	
11.50 - 12.50	Solving	Solving	Solving	Solving	
12.30-1.15	Archery	Crate stack	LUNCH		
LUNCH 1.15 –	LUNCH		Archery	Crate stack	
2.00					
1 – 2.45	High Ropes	Climbing Wall	Canoe	Canoe	
2.45 - 4.30	Climbing Wall	High Ropes	Canoe	Canoe	
4.30 – 5.15	Evening Meal		Bushcraft		
5.15-6.00	Bushcraft		Evening Meal		
6.30 - 8.30	Walk / Outdoor Cooking		Walk / Outdoor Cooking		

This timetable is provisional and may be subject to change

	Day 2	GROUP				
		1	2	3	4	
	8.00-8.30	Packing, out of dorms	Packing, out of dorms	Breakfast	Breakfast	
	8.30 - 9.00	Breakfast	Breakfast	Packing, out of dorms	Packing, out of dorms	
ř,	9 - 10.45	Canoe	Canoe	High Ropes	Climbing Wall	
2	10.45 - 12.30			Climbing Wall	High Ropes	
S	12.30-1.00	Review Lunch		Lunch		
	1.00 - 1.30			Review		





Packed lunch for first day Sleeping Bag/ Duvet **Pillow Case** Waterproof jacket and trousers Wellies if you have them (marked clearly with your child's name) 2 pairs of old trainers 2 Pairs of warm trousers – e.g. tracksuit bottoms (not jeans – which are unsuitable for walking) 2 warm sweaters / hoodies / fleeces 3 T-Shirts (ideally non-cotton: sports shirts / base layers are ideal) At least 3 pairs of socks (including 2 pairs of thick socks) Hat and Gloves Underwear Towel Toilet requisites (soap, shampoo, toothbrush, etc) shtwear / pyjamas

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#### Equipment List

Torch & spare batteries Water bottle – at least ½ litre Slippers or indoor footwear 1 set of clothes for non activity time Bin bag for taking home wet clothes Pocket Money for Centre souvenir shop Medication: if you have an epipen make sure you bring two. Face mask / covering (if required) and handwash / gel **Optional Extras:** Walking Boots **Disposable Camera** Sunglasses, hat, suntan lotion and insect repellent in the summer time If the you wear spectacles, a spare pair should be brought along



## **Dates and Rooming**

- 7 Dorms with 4 beds in each, one with 5
- Some flexibility on dates, however
- The main reason for the trip is the opportunity for the students to experience team building activities and build relationships with the members of their form.
- For this reason the aim is to keep the majority of the students in the same form on the same trip/day

## **Dates and Rooming**

- Following this meeting students will have their own meeting when they will be asked to who in their form they would like to share a dorm with
- Not all requests will be possible, but we will try to accommodate as many as possible



### Meet the tutors

- Please leave through the door on the left
- The tutors are in the rear dining room
- There are refreshments available
- The SENCO is also available
- Due to time constraints, tutors may be unable to answer many questions. Please refer to the SIMs app and the CATs information
- The contents of this presentation will be sent out to all parents