

Sale High School Menu 2019/2020

In addition to the items listed below, a hot food option is available every day. If students have special dietary requirements and are not sure which food is suitable they can speak to any member of the catering team who will help them with their choices.

Breakfast

Available before school and break time

- Sausage barm £1.00
- Bacon barm £1.10
- Full bagel 70p
- Half bagel 40p
- Toast 40p
- Belgian waffle £1.10
- Potato waffle 38p
- Cheese and beans on toast 80p
- Pain au chocolate £1.05
- Cheese toastie £1.00
- Pancake 40p
- Hash brown 38p

Lunch

- Giant sausage roll £1.10
- Hot dog £1.10
- Cheese burger £1.60
- Chicken burger £1.60
- Fishfinger barm £1.60
- Pizza £1.20
- Meatball sub roll £1.80
- Hot pasta pot £1.85
- Soup of the day with bread roll 99p

Paninis

All £1.80

- Cheese and ham
- Pepperoni
- Pizza
- Sausage and cheese
- Tuna and cheese
- Marinated chicken and cheese

Wraps

- Love Joes chicken wrap £1.85
- Love Joes chicken skewers on flat bread £1.85
- Love Joes chicken popems sub roll £1.85

Sandwiches

- Ham £1.40
- Cheese £1.40
- Tuna mayo £1.40
- Egg mayo £1.10
- Ham and cheese £1.65
- BBQ chicken £1.65
- Sweet chilli chicken £1.65
- Turkey and stuffing £1.65
- Chicken tikka £1.65
- Chinese chicken £1.65
- Speciality sandwich £1.90

Sides

- Potato wedges 90p
- Chips £1.10
- Beans 45p
- Gravy 35p
- Fresh vegetables 45p
- Mashed potato 55p
- Roast potato 55p
- Rice 45p
- Plain pasta 60p
- Portion of cheese 40p
- Garlic bread 35p
- Garlic bread with cheese 45p
- Naan bread 35p
- Jacket potato 80p
- Filled jacket potato £1.40
- Side salad 65p

Sweet Choices

- Fruit pot 80p
- Tropical fruit pot 97p
- Fresh fruit 45p
- Fruit jelly 55p
- Cheesecake 80p
- Muffins 60p
- Flapjack biscuit 55p
- Shortbread biscuit 55p
- Iced traybake 55p
- Iced finger 55p
- Mousse 55p
- Crispy cake 55p

- Flakey bar 55p
- Butternut biscuit 55p
- Cheese and crackers 74p
- Fruit scone 55p

Drinks

- Ribena 90p
- Spring water 65p
- Capri sun 200ml 65p
- Capri sun 330ml £1.20
- Suso can 90p
- Milkshake 70p
- Calypso pure apple carton 65p
- Semi skimmed milk 55p
- Juice shot 33p
- 2 bottles of water £1
- Hot chocolate 82p
- Speciality coffee 82p
- Tea 51p

