

Super Learning Day PSHE Curriculum 2020-21

Year	Be Safe...	Be Respected...	Careers	Be Healthy...	Be Active Citizen...
7	<ol style="list-style-type: none"> How can we stay safe on roads, railways and near water? How can social media affect our wellbeing? What is online stress and FOMO? What can we do about cyberbullying? How can social media affect how we feel about our own bodies? 	<ol style="list-style-type: none"> New school: how do we manage change in our lives? What makes a good friend? What is the difference between bullying and banter? What does a healthy relationship look like? How can gender stereotypes damage relationships? 	<ol style="list-style-type: none"> How can we improve our study skills? What careers might be suited to me? What are my personal qualities? Where am I going and how do I get there? What does assertiveness mean? 	<ol style="list-style-type: none"> Why is sleep so important? How can we manage the physical and emotional effects of puberty? How can we make sure that we are eating healthily? Hygiene How can we manage our anger better? 	<ol style="list-style-type: none"> What can we do about air pollution? Who are the British? Why is Manchester a multicultural city? How are we Global Citizens? What is HBT discrimination and how can it be stopped?
8	<ol style="list-style-type: none"> What basic First Aid should everyone know? What are healthy coping strategies? What is my digital footprint? What is Child Sexual Exploitation? Is conflict really a positive opportunity? 	<ol style="list-style-type: none"> Age of consent What is inappropriate sexualised behaviour? What are the dangers of sexting? Contraception What do we mean by family? 	<ol style="list-style-type: none"> Effective Learners Employment in the future Team working Employability Skills Equality and discrimination 	<ol style="list-style-type: none"> What attitudes do people have towards mental health? What are unhealthy coping strategies? How can resilience help us? What are the physical, social and mental benefits of physical exercise? Clean air 	<ol style="list-style-type: none"> Wants and Needs Credit and Debit How can we avoid getting scammed and what are Consumer Rights? How are laws made in the UK? What is the role of the Monarchy in the UK?
9	<ol style="list-style-type: none"> Forced Marriage FGM What are the best ways to respond to bullying and cyberbullying? Challenging Risky Behaviour Why do people get involved with criminal gangs? 	<ol style="list-style-type: none"> What is the importance of consent in relationships? How can we manage break ups? In what ways has the law changed with regard to LGBT relationships? How can the media affect our body image? STI's 	<ol style="list-style-type: none"> Qualifications and Pathways Jobs in Manchester Gender stereotypes Aspirations and role models Rights and responsibilities 	<ol style="list-style-type: none"> What should everyone know about smoking? What are people's attitudes towards drugs and alcohol? What is the law on drugs? How do drugs affect people? How can we manage peer pressure? 	<ol style="list-style-type: none"> Human Rights Political theories- how is democracy different to dictatorship? Who are the UK Political Parties? How do UK elections work? Why do some people become extremists?

10	<p>1. What are the risks and consequences of involvement in criminal gangs and how do you get out?</p> <p>2. Do knives keep people safe?</p> <p>3. What can we do about domestic abuse?</p> <p>4. How can we deal with unwanted attention and harassment?</p> <p>5. How can gambling be dangerous?</p>	<p>1. What is relationship abuse?</p> <p>2. What are the dangers of sharing sexual images?</p> <p>3. How can pornography affect people?</p> <p>4. Why is consent so important?</p> <p>5. What different kinds of long term relationships are there?</p>	<p>1. Personal Presentation</p> <p>2. Being Employable</p> <p>3. Applying for jobs</p> <p>4. Communication</p> <p>5. CVs and personal statements</p>	<p>1. Managing tough times: change, grief and bereavement</p> <p>2. How do we take responsibility for our sexual health?</p> <p>3 What are the best ways to cope with the stress of exams?</p> <p>4. What should everyone know about breast cancer?</p> <p>5. What should everyone know about men's health?</p>	<p>1. Budgeting</p> <p>2. Planning borrowing and saving</p> <p>3. How does the council work for us?</p> <p>4. Do we have a Free Press?</p> <p>5. Why is voting important?</p>
11	<p>1. Why do some people become homeless?</p> <p>2. What are the challenges of living independently?</p>	<p>1. What is the legal status of different types of long term relationships?</p> <p>2. What are the roles and responsibilities of parents and what are the characteristics of successful parenting?</p>	<p>1. Routes to employment</p> <p>2. Business structure and organisation</p> <p>3. Entrepreneurship and risk</p>	<p>1. The National Health Service</p> <p>2. Stresses, Pressures and Exams</p>	<p>1. Paperwork</p> <p>2. Money Stresses & Pressures</p>